

COMPOSTING IS MANDATORY



ACCEPTABLE

- **Meat, Bones**
- **Eggs & Eggshells**
- **Fruits, Vegetables, Peels & Pits**
(REMOVE STICKERS)
- **Spices, Salt, & Condiments**
- **Dairy**
(milk, cheese, yogurt, etc.)
- **Moldy, Spoiled, & Expired Food**
- **Cooking Oils, Grease, Fats, Dressings**
- **Human & Pet Hair**
- **Soups, Sauces**
- **Cut Flowers**
- **Fish, Seafood, Shellfish & Shells**
- **Nuts & Shells**
- **Coffee Grounds & Filters**
- **Carbon-Rich Materials**
(shredded white office paper, brown paper bags, shredded cardboard, leaves, clean sawdust)
- **Flour, Sugar, Bread, Pasta, Grains**

Many other items are compostable but to protect the integrity of the finished compost, please include only the items listed here.



NOT ACCEPTABLE

- **Metal & Glass**
- **Wax-Coated Paper Products**
(juice/milk cartons or frozen food boxes)
- **All Plastic including plastic bags**
- **Styrofoam**
- **Compostable Serveware**
- **Sugar & Condiment Packets**
- **Produce (PLU) stickers**
- **Hazardous Waste**
- **Human & Pet Waste**
(including cat litter)
- **Cosmetics**
- **K cups**
- **Pharmaceuticals/ Medications**
- **Dryer & Vacuum Lint**
- **Paper Products**
(plates, cups, napkins, paper towels, tissues, etc.)

These items will not break down in the compost process or may compromise the quality of the finished compost. Please be diligent in keeping them out of your food scraps.

MT. GLEN OWNERS & GUESTS

Please put out your compost container Monday and Friday mornings with your garbage and recycling. We will dump into our container and leave yours.

Thanks ARFA